THE RESTAURANT at THE SPORTSMAN

STARTERS

LENTIL SOUP (v)

bread roll 850 Kcal | £7.50

MEZZE PLATTER (v)

falafel, cheese sambousek, fatayer, kibbeh, hummus and Arabic flat bread 1250 Kcal | £17 **GARLIC PRAWNS**

garlic butter, chilli and lemon sauce 592 Kcal | £13

SMOKED SALMON

brown bread and dill crème fraîche 457 Kcal | £15 **CHICKENTIKKA**

chicken tikka on skewers with bell peppers and onions 718 Kcal | £12

VEGETABLE PAKORA (v)

tomato masala chutney and mint chutney 220 Kcal | £7

MAINS

CHILLI SEA BASS

fillets of sea bass with lemon and chilli coriander 505 Kcal | £25

MIXED GRILL

spiced lamb kebab, marinated chicken and lamb cutlets served with salad and pita 1279 Kcal | £25

GRILLED BABY CHICKEN

pita bread and garlic mayonnaise 1117 Kcal | £22

VEGETABLE BIRYANI (v)

a classic rice dish with fragrant Indian spices 1186 Kcal | £14

Add a protein to your Biryani or Dansak Curry

Chicken 243 Kcal | £4 Lamb 286 Kcal | £6 Prawns 248 Kcal | £6 SHISHTAWOOK

marinated chicken cubes with lemon, salad and pita

1296Kcal | £22

VEGETABLE DANSAK CURRY (v)

a lightly spiced sweet and sour curry with lentils

1052 Kcal | £14

28 DAY AGED BRITISH STEAKS

All served with Koffman fries, tomato and mushrooms

8oz FILLET 1030 Kcal | £35

10oz SIRLOIN 1130 Kcal | **£30** **8oz RIB EYE** 1250 Kcal | £35

Steak Sauces | £3.50 each

Béarnaise 231 Kcal | Peppercorn 99 Kcal | Garlic Butter 204 Kcal | Mushroom 236 Kcal

SIDES

NAAN BREAD (v)

293 Kcal | £5.50

BASMATI RICE (v)

238 Kcal | £5

SEASONAL VEGETABLES (v)

80 Kcal | £5

POPPADOMS AND SPICED ONIONS (v)

270 Kcal | £5.50

SIDE SALAD (v)

241 Kcal | £6

ONION RINGS (v) 390 Kcal | £5 MASALA FRIES (v)

390 Kcal | £7

KOFFMAN FRIES (v)

375 Kcal | £6

BUTTERED LEAF SPINACH (v)

180 Kcal | £5

DESSERTS

SEASONAL FRUIT PLATE (v)

120 Kcal | £6

STICKYTOFFEE PUDDING (v)

770 Kcal | £6.50

TRIO OF ICE CREAMS (v)

523 Kcal | £6

Guests with food allergies and intolerances, please make a member of the team aware before placing an order for food or drink. Please note all of our dishes are prepared in a kitchen where cross contamination may occur, and we cannot guarantee an allergen free environment. Our menu descriptions do not list all ingredients. All weights are uncooked. A discretionary service charge of 12.5% will be added. All prices include VAT at the current rate. Adults need around 2000kcal a day. (V) does not contain meat Over 18s Only | Challenge 25 Policy in Operation. Take Time To Think. Visit begambleaware.org | bedrinkaware.co.uk.